

Welcome to SNHU

Campus Guide for International Students



Southern
New Hampshire
University





Your adventure starts here

We are excited to welcome you to the SNHU community. In this guide, you will find important information about life on campus and in the Manchester, NH area. You will also learn about the people and resources available to help you succeed during your time at SNHU.

If at any point you have questions, please feel free to reach out to:
intlwelcome@snhu.edu.



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Now that you are here

Before arriving, you will receive details about new student check in. At check in, you will be given important information and a list of tasks to complete before classes begin. If you have questions, please email the International Student Services (ISS) team at intlwelcome@snhu.edu.



Orientation and opening

Our orientation and opening programs include activities to help you get settled. You will receive essential information on health insurance, support services, maintaining immigration status and ways to become involved here at SNHU. Please note that attendance at orientation and opening is mandatory.

IT access

Our IT Help Desk can assist with connecting you to the SNHU network, confirming your printing credits and a range of IT-related challenges. Visit them in the Wolak Library Learning Commons or call **855.877.9919**. If overseas, email intl-servicedesk@snhu.edu.





Living in the United States

Adjusting to life in the U.S. may take some time. Once you start finding your way around and making new friends, things will get easier. Staff in the wellness center and International Student Services are here to help you during this transition.

For a successful transition, we suggest you:

- ▶ Join a student club, organization or society.
- ▶ Participate in university events.
- ▶ Meet fellow students and community members by volunteering through the Chandler Center.
- ▶ Improve your communication skills by meeting with a conversational English tutor in the Wolak Learning Center.
- ▶ Get a U.S. phone number so you can stay connected with new friends (and be sure to update this information in mySNHU).
- ▶ Seek support!

Not sure who to speak with? Contact the International Student Services team at iss@snhu.edu.

Check your inbox for the Penmen Weekly emails with details on daily activities, or visit snhutickets.universitytickets.com to buy tickets for concerts, trips and more.

Resources at SNHU

Wolak Library Learning Commons (WLLC)

The three-story WLLC provides the perfect space for you to study on your own or meet fellow students to work on group projects. With computers available to use, the IT Help Desk, Learning Center and Makerspace, the WLLC offers many helpful resources.

Shapiro Library

The Shapiro Library holds print and electronic resources of all kinds for your educational and personal use. Campus faculty librarians (campuslibrarians@snhu.edu) are available to assist with your research and study needs. A 24/7 Library Chat service is available on the [library website](#) to receive assistance with coursework and research.

Wolak Learning Center

The Wolak Learning Center offers academic support for undergraduate and graduate students on the Manchester campus. International students are encouraged to utilize the center's conversational English program, where you can practice your English skills in a comfortable setting.

Academic advisors

You are required to meet with your academic advisor regularly to speak about your goals. Your advisor will help you complete your academic program requirements and update you on support services and university policies. If you are not aware of who your academic advisor is, please contact academicadvising@snhu.edu.





International Student Services

ISS has many online resources to help answer your questions. When you would like to make an appointment with your immigration specialist, please use our [booking system](#).

Campus Accessibility Center

The Campus Accessibility Center is committed to making reasonable accommodations for individuals with documented disabilities to ensure equal access to programs and facilities. The team is happy to speak with you about your accessibility needs.

Multi-faith Prayer Room

The Multi-faith prayer room at SNHU is open to all SNHU students, staff, faculty and affiliates for reflection and spiritual practice. The space serves as a blank canvas for worship, prayer, reflection and meditation. Resources are available for your use any time the building is open.

Contact info for these departments can be found on [page 28](#).

Succeeding at SNHU

Here are a few helpful hints to help you get the most out of your education at SNHU:

- ▶ Speak with your instructors when you have questions.
- ▶ Email and meet with your academic advisor regularly.
- ▶ Understand proper citation and referencing. Academic dishonesty can lead to failing the course or being expelled. For more information, please see libguides.snhu.edu/citation.
- ▶ Build written and communication skills by getting involved in a student club, having an on-campus job or participating in the Wolak Learning Center’s conversational English tutoring offerings.
- ▶ Meet with your career advisor to develop a plan to gain the skills, knowledge and experience you need to succeed in your future career.



Managing your health

Our wellness center is open Monday through Friday, 8 am to 4:30 pm, and provides health, counseling and wellness services. If you would like to speak with a counselor, see a member of the medical staff or are interested in an educational program, you can call **603.645.9679**.

For non-life threatening illness or injuries	
Wellness Center at SNHU Monday-Friday 8 am to 4:30 pm	Urgent Care at River’s Edge Open 7 am to 10 pm daily
Colds/flu/sore throat	Sinus infection/earaches
Ear/eye/respiratory	Skin rash/burns/cuts/lacerations
Burns/cuts/sprains/strains	Fractures/sprains/strains
Stress/anxiety/cultural adjustment/loneliness	Minor eye injuries
Nutrition support	Pneumonia
Sexual health	X-rays

For life threatening illness or injuries	
Emergency Room Open 24 hours a day	
Chest/abdominal pain	Dizziness
Multiple injuries	Stroke symptoms
Childbirth	Shortness of breath/difficulty breathing

Health insurance

All international students are required to purchase the health insurance policy provided by the school unless you have an equivalent U.S. policy through your government scholarship or parent/spouse working in the U.S. You will be automatically enrolled in the SNHU International Student Insurance Plan and will be billed to your SNHU account on a regular basis. Further details about the policy and how to use it will be provided at orientation. Please make sure to carry your proof of insurance at all times. For questions, please contact the insurance provider.

Staying safe

Manchester has a fairly low crime rate, but there are still steps you can take to ensure you have a positive and safe experience. SNHU's public safety staff are available on campus 24 hours a day. In addition to regular patrols, our public safety team provides a walking escort service, helps with car trouble and serves as the university's lost and found.

Tips for staying safe:

- ▶ Keep your doors locked.
- ▶ Do not leave personal items unattended.
- ▶ Avoid walking alone at night.
- ▶ Use crosswalks and walk in well-lit areas.
- ▶ Use the blue emergency boxes on campus if you need assistance.
- ▶ Stay alert and keep an eye on your surroundings.
- ▶ When going out, have a plan for getting home.
- ▶ Keep spare money and the phone number for a taxi handy.

You can contact public safety via their WhatsApp numbers: **+1.603.851.4931** or **+1.603.851.4983**.





Housing

There are a variety of housing options for students at SNHU. You can read more about any of the below options on [SNHU's website](#).

On-campus housing

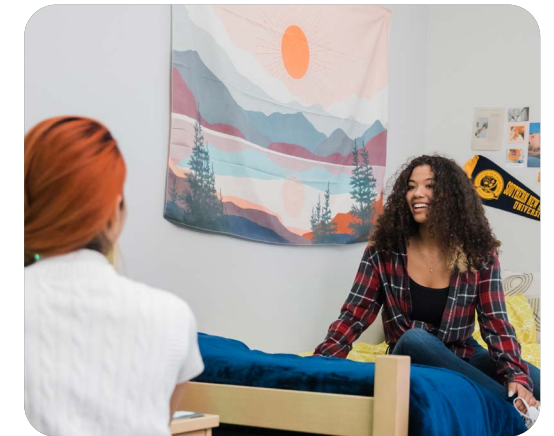
On-campus housing is available for students at all levels of study. Please contact residence life at housingquestions@snhu.edu to check availability. There is no family housing on campus, so married students and students with children will need to research housing options in the community.

Temporary housing

SNHU has a limited number of 2-week and 4-week long temporary housing spaces on campus. If needed, contact housingquestions@snhu.edu at least five business days before you arrive to check availability and costs.

Off-campus housing

Off-campus housing is available throughout the Manchester area. There are a variety of apartments with a range of costs. Please use an online search tool for further information about local apartments (such as [realtor.com](https://www.realtor.com) or [apartments.com](https://www.apartments.com)), as well as property management companies. You can also see the SNHU page on [JumpOffCampus](#) for a listing of available rooms in shared accommodations.



Remember: Update your address in mySNHU every time you move, and never transfer funds to a landlord without viewing the property first.



Driving in New Hampshire

If you have a driver's license from your home country and an international driving permit, you can legally drive in the U.S. for the first 60 days after your arrival. After 60 days, you will need a U.S. driver's license.



Getting a license

You must apply for a driver's license in the state where you live. If you live in New Hampshire, see the [Division of Motor Vehicles](#) website for hours and locations near you. The application process includes passing a vision, written and driving test and providing a copy of your driving record from home. For further details and a list of important documents, visit the [Division of Motor Vehicles](#) website.

Buying car insurance

It is strongly recommended that you purchase car insurance if you own a car as it is mandatory in some states. Without auto insurance, you are legally and financially responsible for any injuries or damages caused by your vehicle.

Parking at SNHU

A parking permit is required to park at SNHU. To reserve a permit, complete the online form at snhu.thepermitstore.com.

Winter driving

Road safety is important during the winter months. If you must drive, read through the [American Automobile Association's Winter Driving Tips](#). Also ensure that your phone is charged and you have an [emergency pack](#) in your car. Make sure to sign up for [SNHU Alerts](#) to receive texts when classes are delayed or canceled due to inclement weather.





Money matters

Student Financial Services

Student Financial Services assists with questions and concerns around billing, wire transfers/payments, refunds and student ID cards. Tuition and fees are due on arrival. Wiring money to SNHU before you leave home is recommended; however, please only wire funds to cover university fees. Money needed to cover living expenses should be sent directly to your bank account.

Banking

It is a good idea to have a U.S. bank account during your studies. We have Citizens Bank and Bank of America ATMs on campus. To open an account, bring your passport, I-94, I-20 or DS-2019, SNHU ID and money for your first deposit.

Budgeting

When adjusting to American currency, it is a good idea to keep track of your spending. Listing your essentials and nonessentials will help you understand where you can save. You can also use the [iGrad budgeting tool](#).

Employment

U.S. immigration regulations limit international students to campus employment for the first year. After your first year, you may be eligible to apply for off-campus work through SNHU's ISS office. Further information about employment options and requirements will be discussed at orientation.

Scholarships

You may be interested in learning about different scholarship and funding opportunities. See our [Scholarships & Funding Options webpage](#) for further information on eligibility, availability and the application process.

Manchester weather

One benefit of living in New Hampshire is that you will get to experience every season. The state's mountains, woods and beaches provide the perfect setting for walks in the warmer months and snowshoeing and skiing when the snow falls. However, winter can be challenging if snow is new to you. As winter approaches, be sure to take the necessary steps to prepare:

Bold Copy Heading

- ▶ Buy appropriate winter clothing (a heavy jacket, mittens, hat, scarf and waterproof boots).
- ▶ Listen to the local news for weather updates such as WMUR for school delays and cancellations.
- ▶ Remember to register for [SNHU Alerts](#) to receive text messages and emails about SNHU closings.

		JAN	FEB	MAR	APR
Seasonal Weather Patterns As the table details, the temperature in Manchester varies quite a bit depending on the season. Data from usclimatedata.com	Avg. high	33°F 0.3°C	37°F 2.6°C	45°F 7.1°C	57°F 14.1°C
	Avg. low	12°F (-11.1)°C	16°F (-9.1)°C	24°F (-4.3)°C	36°F 2°C
	Avg. rain (inches)	2.72	2.72	2.99	3.62

	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Avg. high	69°F 20.3°C	77°F 25.1°C	82°F 27.8°C	80°F 26.9°C	73°F 22.8°C	61°F 16.3°C	50°F 9.9°C	38°F 3.4°C
Avg. low	46°F 7.8°C	56°F 13.3°C	60°F 15.8°C	59°F 14.9°C	51°F 10.4°C	39°F 3.9°C	31°F (-0.4)°C	20°F (-6.5)°C
Avg. rain (inches)	3.82	4.09	3.78	3.66	3.39	4.09	3.82	3.27





Exploring the area

Manchester is a mid-size city that combines small-town charm with a lively cultural scene. You can listen to live music, shop (no sales tax), eat out, go to the beach, attend live events or even hike and ski.



Getting around

The Manchester Transit Authority (MTA) provides bus services within the Manchester area. International students can ride the MTA buses for free. Just show your student ID to collect your free bus pass from the concierge desk in the student center.

Other transportation services

If you would like to see more of New England or the U.S., Manchester is also served by the Boston Express as well as the Manchester-Boston Regional Airport.

- ▶ Manchester Transit Authority — mtabus.org
- ▶ Boston Express — bostonexpressbus.com
- ▶ Manchester-Boston Regional Airport — flymanchester.com

What are you looking for?

HELPFUL RESOURCES	A PLACE TO STAY	A PLACE TO EAT	A PLACE TO SHOP	OUTDOOR ACTIVITES	INDOOR ACTIVITES
intownmanchester.com		✓	✓	✓	✓
nhmagazine.com		✓	✓	✓	✓
newhampshire.com		✓	✓	✓	✓
visitnh.gov	✓	✓	✓	✓	✓
manchester-chamber.org	✓	✓	✓		

Important Numbers

DEPARTMENT	PHONE NUMBER	EMAIL
Academic Advising (undergraduates)	603.645.9724	academicadvising@snhu.edu
Academic Advising (graduates)	603.668.2211 Ext 3347	academicadvising@snhu.edu
Campus Accessibility Center	603.644.3118	cac@snhu.edu
Deborah L. Coffin Women's Center	603.644.3190	inclusion@snhu.edu
International Student Services	603.645.9676	iss@snhu.edu
IT Help Desk	855.877.9919	—
Library and Learning Commons	603.645.9605	ask@snhu.libanswers.com
Multi-faith Prayer Room	—	inclusion@snhu.edu
Office of Diversity Programs	603.645.9653	inclusion@snhu.edu
Public Safety	603.645.9700	safety@snhu.edu
SNHU Switchboard (main number)	603.626.9100	—
Student Financial Services	877.455.7648	sfscampus@snhu.edu
Wellness Center	603.645.9679	wellness@snhu.edu
Wolak Learning Center	603.645.9606	wolaklearningcenter@snhu.edu

EXTERNAL RESOURCES	WEBSITE
State Department	state.gov
SEVP	ice.gov/sevis
List of Foreign Embassies in DC	embassy.org
I-94	i94.cbp.dhs.gov
NH Division of Motor Vehicles	dmv.nh.gov

Emergency: Dial 911

For the police, fire department or ambulance

Urgent Care Providers

Please see staff in wellness center for suggestions on additional providers.

Elliot at River's Edge

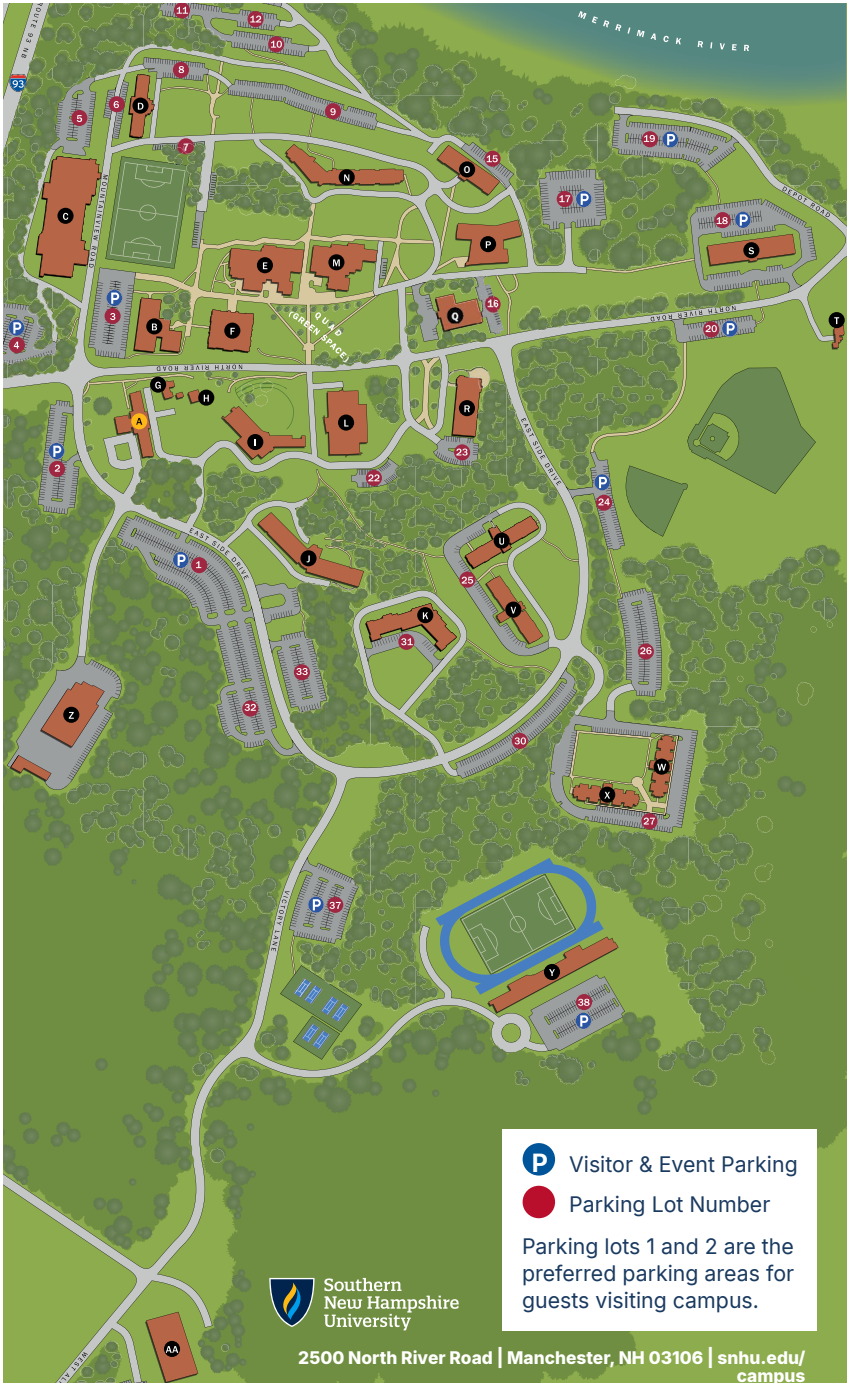
Open 7 am - 10 pm (7 days)
185 Queen City Avenue
Manchester, NH
603.663.7227

CMC Urgent Care

Open 8 am - 8 pm (M-F)
Open 9 am - 5 pm (Sat/Sun)
5 Washington Place, Ste. 1B
Bedford, NH
603.314.4567

ConvenientMD Urgent Care

Open 8 am – 8 pm (7 days)
738 Hooksett Road
Manchester, NH
603.384.3900



Building Directory

- R** Academic Center
 - UC Administration
- C** Athletic Complex
 - Stan Spirou Field House
 - Penmen Room
- B** Belknap Hall
- P** Paul J. Leblanc Hall
- AA** SETA Annex
- X** Conway Hall
- L** Dining Center
- I** Edward S. Wolak Library Learning Commons
- G** Ford House
- A** Gustafson Center
 - Admissions
 - Career Development
- U** Hampton Hall
- Q** Hospitality Center
 - Public Safety
- N** Kingston Hall
- W** Lincoln Hall
- T** Madison House
- J** Monadnock Hall
- H** Morrissey House
- D** New Castle Hall
- Z** Operations Center
 - Deliveries
- Y** Mark A. Ouellette Stadium
- E** Robert A. Freese Student Center
- F** Robert Frost Hall
 - Walker Auditorium
- K** Tuckerman Hall
- O** Washington Hall
- S** Webster Hall
 - Mara Auditorium
- M** William S. and Joan Green Center for Student Success
- V** Windsor Hall



International Student Services

Phone: 603.645.9676

iss@snhu.edu | snhu.edu/international